## **DENTAL HISTORY**

How would you rate the condition of your mouth? Excellent□ Good□ Fair□ Poor□		
Previous DentistHow long had you been a patient?		
Date of most recent dental exam Date of most recent x-rays (if known)		
Date of most recent dental treatment (other than cleaning)		
I routinely see my dentist every □ 6 months □12 months □Not routinely		
What is your immediate concern?		
Please answer YES or NO to the following with a tick	YES	NO
DENTAL EXPERIENCE		
Are you fearful of dental treatment? How fearful, on a scale of 1(least) 10(most)		
Have you had an unfavourable experience or complications		
Have you ever had trouble getting numb or reactions to local anaesthetic?		
Did you ever had braces, orthodontic treatment or had your bite adjusted?		
Have you had any teeth removed?		
Aesthetic		
Is there anything about the appearance of your teeth you would like to change?		
Have you ever whitened (bleached) your teeth?		
Have you felt uncomfortable or self-conscious about the appearance of your teeth?		
Have you been disappointed with the appearance of previous dental work?		
Occlusion/TMJ		
The way your teeth meet and glide against each other		
Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping)		
Do you suffer with headaches, neck- and/or neck pain?		
Do you/would you have any problems chewing gum, baguettes or hard food?		
Have your teeth changed in the last 5 years become shorter, thinner or worn?		
Are your teeth crowding or developing spaces?		
Do you have more than one bite and/or squeeze to make your teeth fit together?		
Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits?		
Do you clench your teeth in the day/night time?		
Do you have any problems with sleep, sleep apnoea or wake up aware of your teeth?		

Do you wear or have you ever worn a bite appliance?		
Tooth Structure		
Have you had any cavities in the last 3 years?		
Does the amount of saliva in your mouth seem too little or do you have di	ficulty swallowing food?	
Do you feel or notice any holes (i.e. pitting craters) on the biting surface of	f your teeth?	
Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushi	ng part of your mouth?	
Do you have grooves or notches on your teeth near the gum line?		
Have you ever broken teeth, chipped teeth, or had toothache or cracked f	illings?	
Do you get food caught between any teeth?		
Please answer YES or NO to the following with a tick	YES	NO
Periodontal		
Do your gums bleed when brushing, flossing or eating?		
Have you ever been treated for gum disease or told you have lost bone a	round your teeth?	
Have you ever noticed an unpleasant taste or odour in your mouth?		
Is there anyone with a history of periodontal/gum disease in your family?		
Have you ever experienced gum recession?		
Have you ever had any teeth become loose/problems biting hard foods?		
Patient Signature	Date	